## BE A HERO FOR A BETTER WORLD

В B E Е K K 7 7 O R 0 M T T E ETTER D

"When we feel love and kindness toward others, it not only makes others feel loved and cared for, but it helps us also to develop inner happiness and peace."

-- The Dalai Lama

## Do One Thing for a Better World

...every act of compassion makes a difference... DoOneThing.org
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