BE A HERO FOR A BETTER WORLD

MAKE A DIFFERENCE

"Because we are interested in promoting wellness, we will integrate medicine with performing arts, arts and crafts, agriculture, recreation, nature, and social service."
-- Dr. Patch Adams

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MAKE A DIFFERENCE

"World Health Day is an opportunity to highlight the problem, but above all, to stimulate action. It is an occasion to call on all partners -- government, international donors, civil society, the private sector, the media, families and individuals alike -- to develop sustainable activities for the survival, health and well-being of mothers and children."
-- Kofi Annan

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MAKE A DIFFERENCE

"Everything is now for sale. Even those areas of life that we once considered sacred like health and education, food and water and air and seeds and genes and a heritage. It is all now for sale."
-- Maude Barlow

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MAKE A DIFFERENCE

"Creating a world that is truly fit for children does not imply simply the absence of war. It means having the confidence that our children would not die of measles or malaria. It means having access to clean water and proper sanitation...It means building a world fit for children, where every child can grow to adulthood in health, peace and dignity."
-- Carol Bellamy

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MAKE A DIFFERENCE

"A diet higher in whole grains and legumes and lower in beef and other meat is not just healthier for ourselves but also contributes to changing the world system that feeds some people and leaves others hungry."
-- Dr. Walden Bello

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MAKE A DIFFEERENCE

"There can be no real growth without healthy populations. No sustainable development without backing development with health. No international security without assisting crisis-ridden countries. And no hope for the spread of freedom, democracy and human dignity unless we treat health as a basic human right."
-- Gro Brundtland

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MAKE A DIFFEERENCE

"Peace, to have meaning for many who have known only suffering in both peace and war, must be translated into bread or rice, shelter, health, and education, as well as freedom and human dignity - a steadily better life."
-- Ralph Bunche

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MAKE A DIFFEERENCE

"Drugs are not always necessary. Belief in recovery always is."
-- Norman Cousins

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MAKE A DIFFEERENCE

"America's health care system is neither healthy, caring, nor a system."
-- Walter Cronkite

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MAKE A DIFFEERENCE

"UNICEF is helping mothers realize their dreams for the future -- a future in which the basic needs for a child's survival: food, clean water and simple health care -- are guaranteed."
-- Jane Curtin

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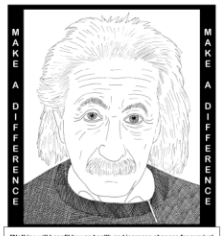
MAKE A DIFFERENCE



"Nothing will benefit human health and increase chances for survival of life on Earth as much as the evolution to a vegetarian diet."
-- Albert Einstein

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MAKE A DIFFERENCE

"Clean water and health care and school and food and tin roofs and cement floor, all of these things should constitute a set of basics that people must have as birthrights."
-- Dr. Paul Farmer

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MAKE A DIFFEERENCE

"Our health relies entirely on the vitality of our fellow species on Earth."
-- Harrison Ford

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MAKE A DIFFEERENCE

"Medical science has proven time and again that when the resources are provided, great progress in the treatment, cure, and prevention of disease can occur."
-- Michael J. Fox

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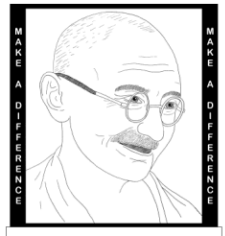
MAKE A DIFFEERENCE



"It is health that is real wealth and not pieces of gold and silver."
-- Mohandas Gandhi

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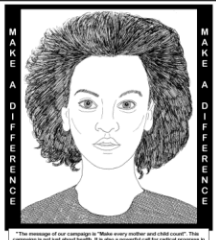
MAKE A DIFFEERENCE



"The message of our campaign is 'Make every mother and child count'. This campaign is not just about health. It is also a powerful call for radical progress in women's rights and the rights of their children. Too often, the health of mothers and children does not count. In too many parts of the world, they are forgotten."
-- Liya Kebede

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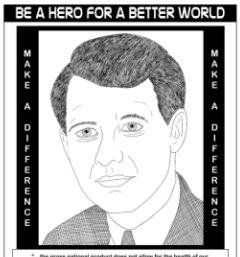

"...the gross national product does not allow for the health of our children, the quality of their education or the joy of their play... It measures everything in short, except that which makes life worthwhile."
-- Robert F. Kennedy

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MAKE A DIFFEERENCE

"I think it's important for me as an actor that I say these are the issues I'm going to be committed to. One of them for me is women and children's health around the world and their rights..."
-- Nicole Kidman

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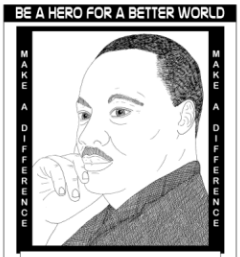
MAKE A DIFFEERENCE



"Of all of the forms of inequality, injustice in health is the most shocking and the most inhumane."
-- Martin Luther King, Jr.

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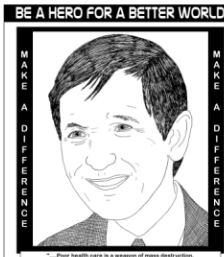

"....Poor health care is a weapon of mass destruction.
Poor education is a weapon of mass destruction.
Discrimination is a weapon of mass destruction.
Let us abolish such weapons of mass destruction here at home."
-- Dennis Kucinich

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MAKE A DIFFERENCE

"We have an opportunity to focus global attention on what should be obvious: every mother, and every child, counts. They count because we value every human life. The evidence is clear that healthy mothers and children are the bedrock of healthy and prosperous communities and nations."
-- Dr. Lee Jong-wook

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MAKE A DIFFEERENCE

"The International Declaration of Human Rights says the right to housing, health, education should be guaranteed to everyone. The moment these things are provided, we will have a different world order and nuclear weapons will become less of a threat."
-- Dr. Bernard Lown

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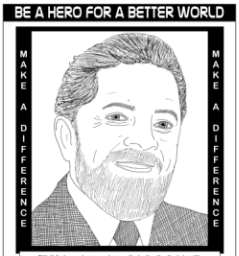
MAKE A DIFFEERENCE



"Well-fed people can enhance their dignity, their health and their learning capacity. Putting resources into social programs is not expenditure. It is investment."
-- Luiz Lula da Silva

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"Words cannot fully express the devastation and horror caused by NTDs [Neglected Tropical Diseases]. Until now, these diseases have been hidden in the shadows, but working with the Global Network, I am focused on bringing this tragedy to the public eye."
-- Alyssa Milano

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MAKE A DIFFEERENCE

"We are the richest country in the world. We spend more on health care than any other country. Yet we have the worst health care in the Western world. Come on. We can do better than this."
-- Michael Moore

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MAKE A DIFFEERENCE

"Let us be the ones who say we do not accept that a child dies every three seconds simply because he does not have the drugs you and I have. Let us be the ones to say we are not satisfied that your place of birth determines your right to life. Let us be outraged, let us be loud, let us be bold."
-- Brad Pitt

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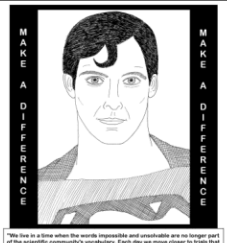
MAKE A DIFFEERENCE



"We live in a time when the words impossible and unsolvable are no longer part of the scientific community's vocabulary. Each day we move closer to train that will not just minimize the symptoms of disease and injury but eliminate them."
-- Christopher Reeve

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MAKE A DIFFEERENCE

"Your emotional state has a tremendous amount to do with sickness, health and well-being. For years, my husband and I lived on -- and because of -- hope."
-- Dana Reeve

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"We, The World is dedicated to bringing about a new vision of a world where every life matters. In this world, societies are organized to cultivate holistic health of body, mind and spirit in which individuals look upon themselves and all other life with compassion, caring, cooperation and goodwill."
-- Rick Ulfik

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MAKE A DIFFEERENCE

"I believe that humanity has an uphill battle to wage in its fight to attain real health, and I honestly believe--from hard-earned experience - that homeopathy can offer some solution to this problem."
-- George Vithoulkas

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